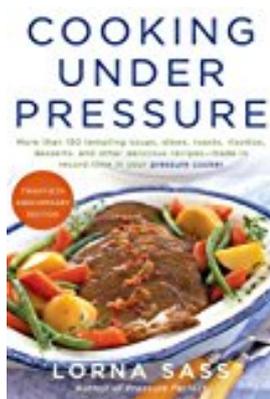


[PDF] Cooking Under Pressure (20th Anniversary Edition)

Lorna J. Sass - pdf download free book



Books Details:

Title: Cooking Under Pressure (20th
Author: Lorna J. Sass
Released: 2009-11-03
Language:
Pages: 320
ISBN: 0061707872
ISBN13: 978-0061707872
ASIN: 0061707872

[**CLICK HERE FOR DOWNLOAD**](#)

pdf, mobi, epub, azw, kindle

Description:

From Publishers Weekly Just when we had come to accept the microwave oven as the ultimate cooking machine, food historian Sass (Dinner with Tom Jones) has rediscovered the pressure cooker, recently reincarnated in sleek new forms for the 1990s kitchen, "where cooking under pressure has already become a way of life." Sass has figured out how to prepare pea soup, applesauce and pearl barley in the pressure cooker without the threat of shrapnel in the kitchen.

Her recipes are seductive, ranging from the homey and familiar (Brunswick stew, nine minutes) to the slightly more mod-erne (turnips with orange-mustard sauce, two minutes). Chapters on beans, rice and risotto, and grains are so enthusiastically instructional that some pressure-cooker converts may unwittingly create 12 dishes (all in less than 60 minutes) in their haste to taste Sass's creations. Vegetables are fully explored in their own chapter, and bread puddings and cheesecakes highlight the desserts section. Sass convincingly presents her case in an introductory "Pressure Cooker Primer," and offers helpful "cooking times at a glance" charts throughout. Initial sauteing times, though, are misleadingly omitted.

Copyright 1989 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

From Library Journal It makes sense that the lowly pressure cooker has been rediscovered, for it is perfect for today's busy cooks. Sass's cookbook, the first one in years on the subject, is a valuable primer to this new/old kitchen tool. She tells how to get the best results from pressure cooking; provides guides to preparing all sorts of vegetables, beans, and grains; and includes a wide variety of recipes. Some are for hearty (but not heavy) soups and stews; others are for more glamorous dishes; all are full of flavor but generally uncomplicated. Strongly recommended. Better Homes & Gardens and Homestyle Book Club alternates.

Copyright 1989 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

- Title: Cooking Under Pressure (20th Anniversary Edition)
 - Author: Lorna J. Sass
 - Released: 2009-11-03
 - Language:
 - Pages: 320
 - ISBN: 0061707872
 - ISBN13: 978-0061707872
 - ASIN: 0061707872
-