

# [PDF] Crystals For Healing: The Complete Reference Guide With Over 200 Remedies For Mind, Heart & Soul

Karen Frazier - pdf download free book



## Books Details:

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Author: Karen Frazier

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## Description:

Ready to Create Positive Change in Your Life? Discover the Power of Crystals to Heal Mind,

## **Body, and Spirit.**

Whether you're working through grief or holding onto grudges, seeking love or increasing gratitude, *Crystals for Healing* offers the basics for beginners to explore the deep connection between mind, body, and spirit.

Learn the fundamentals to clear emotional blockages, stimulate creativity, and elevate your mood through the vibrational power of healing crystals, with:

- **Clear descriptions of crystals** and their unique healing properties
- **Over 200 remedies, plus profiles of 95 crystals** covering colors, primary uses, corresponding chakra, and placement recommendations
- **Daily meditations and mantras** for a truly holistic approach
- **Guidelines for creating grids** to harness the positive power of crystals and healing stones

Discover a more fulfilling life through the power of crystal healing as explained by ordained metaphysical minister, intuitive energy healer, and Usui Reiki practitioner Karen Frazier.

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