

[PDF] Dancing Lessons: How I Found Passion And Potential On The Dance Floor And In Life

Tom Bergeron, Cheryl Burke - pdf download free book

Books Details:

Title: Dancing Lessons: How I Found

Author: Tom Bergeron, Cheryl Burke

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Description:

From the Inside Flap "All of my fears and insecurities, the adrenaline rushing through my body, the perspiration on the palms of my hands—it all came to a boil. Then the music started, and like so many times before, the nerves vanished. The minute and thirty seconds I had to dance . . . was magic."

On February 26, 2006, professional dancer Cheryl Burke and pop singer Drew Lachey were declared the winners of *Dancing with the Stars* on Cheryl's first season with the show. As the media parade began, it was a unique moment of validation and transformation for Cheryl that marked the start of an exhilarating new stage in her life and her career. How did this once shy girl, a girl who loved to dance but gave up ballet because she didn't have a "ballet body," overcome numerous insecurities to realize her dream of a successful dance career and become a champion—twice—on one of the most popular shows on television?

In *Dancing Lessons*, Cheryl Burke invites you into her life to experience her remarkable journey, from her first dance steps to ballroom dancing competitions around the world to *Dancing with the Stars*. Cheryl shares the glamour and excitement of the ballroom dancing world as well as the grit and hard work it demands of competitors.

Leading you into the rehearsal studios and backstage at *Dancing with the Stars*, Cheryl tells surprising stories about her celebrity partners and what she has learned from each of them. You'll find out how she and Drew Lachey came up with the sexy moves of their winning freestyle dance routine and how Tom DeLay really felt about wearing rhinestones, as well as what Emmitt Smith taught her about respect and which *Dancing with the Stars* partner Cheryl came close to dating.

Speaking candidly about her long struggle to transform self-doubt into self-confidence, Cheryl opens up in this book about her body issues and her difficulties in dealing with the media spotlight on her weight. She also tells the truth about the press's attempts to portray her as a party girl. At every stage, her family played an important role in keeping her focused on her future even while they sometimes disagreed about whether that future would include making a living from dance.

As irresistible as the tango and as uplifting as the jive, *Dancing Lessons* is an engaging story of courage, passion, and persistence. Read it and let Cheryl inspire you to give yourself permission to dance, as she tells her students, and pursue your own dreams, one step at a time. --This text refers to an out of print or unavailable edition of this title.

From the Back Cover *Dancing Lessons*

Cheryl Burke has been dancing since the age of four and competing since she was thirteen years old. A two-time back-to-back champion on *Dancing with the Stars*, she has captivated audiences with her creative dance performances, Emmy-nominated choreography, high energy, and bright smile. In *Dancing Lessons*, she takes you from her childhood years into the world of competitive ballroom dancing and behind the scenes on *Dancing with the Stars*.

"Cheryl Burke shares her inspiring story of how she overcame a painful past to fulfill her dreams. Not giving up and healing past resentments are why she is not only an amazing dancer, but a kick-ass woman to look up to."

—**Jenny McCarthy**

"In *Dancing Lessons*, Cheryl Burke shows us not only how she got to be such a great dancer, but how she came to be such a terrific person. I enjoyed reading this book, and I know you will, too."

—**Emmitt Smith**

"Cheryl Burke has inspired millions of people to get up and dance. In *Dancing Lessons*, she shares with us her inspiration and the ups and downs that have led to her success."

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