

[PDF] Long-term Psychodynamic Psychotherapy: A Basic Text (Core Competencies In Psychotherapy)

Glen O. Gabbard - pdf download free book



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Description:

Long-Term Psychodynamic Psychotherapy: A Basic Text, by leading psychotherapist and educator Glen O. Gabbard, M.D., instructs in both the core principles of this fundamental treatment modality and its practice in real-world treatment settings. This second edition expands on the theoretical, technical, and clinical issues addressed in the popular first edition. Since the first edition appeared in 2004, rigorous research revealed in major psychiatric and psychological journals has further confirmed the efficacy of psychodynamic psychotherapy and how it can improve the lives of patients

over time. Those findings make a thorough understanding of key concepts, assessment, indications, formulation, interventions, and the goals of therapy crucial for emerging psychotherapy professionals. An innovative feature of the new edition is a companion DVD in which the author brings the text to life, giving psychiatric residents and other mental health professionals an invaluable glimpse of a senior clinician at work. The DVD illustrates key clinical problems encountered in psychiatry, psychology, or social work and proven solutions gathered over many years of actual clinical experience.

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