

[PDF] Slim Forever - For Women: Subliminal Self-Help

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Description:

From the Inside Flap It's a scientific fact: subliminal persuasion works. Now you can lose weight anywhere, anytime--without dieting. Play SLIM FOREVER on your CD player as you dress in the morning, travel to work, or when you want to unwind. Just listen to this gentle combination of soothing relaxation techniques, soft music, and persuasive affirmations and let your subconscious do the rest. Soon you'll discover a new inner energy that will burn off pounds quicker and easier than

you ever dreamed possible--and keep them off forever! The key to success is in your mind.

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