

[PDF] Slow Sex: The Art And Craft Of The Female Orgasm

Nicole Daedone - pdf download free book

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Author: Nicole Daedone

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Description:

Review "Required education for every man on the planet." -**Timothy Ferriss, *New York Times* bestselling author of *The 4-Hour Body* and *The 4-Hour Workweek***

"Ah! Combining meditative awareness with sexual pleasure! What could be better--or more life-enhancing--than this?" -**Christiane Northrup, MD, OB/GYN physician, and *New York Times* bestselling author of *Women's Bodies*, *Women's Wisdom* and *The Wisdom of Menopause***

"*Slow Sex* is the real deal on pleasuring a woman. For any guy who want his fifteen minutes of sexual fame, Daedone offers practical and inspired guide to the orgasmic big leagues." -**Ian Kerner, sexuality counselor and *New York Times* bestselling author of *She Comes First***

"Daedone makes her arguments persuasively, with clear instructions and a knack for the just-right analogy or phrase. This is not another tantra book...OM practice should give many people a fresh and satisfying conduit to deeper sexual intimacy. Recommended." -**Library Journal**

"Daedone's philosophy is a refreshing counterpoint to the porny mainstream." -**Salon.com**

"At a time when many women feel pressured to add sex to their Superwoman to-do list without feeling like they get much in return, *Slow Sex* is a much needed and welcome invitation for women and men to strip down to the bare essentials of a woman's authentic sexuality so sex can fill her up, rather than deplete her. A must-read for any woman who hasn't fully accessed her orgasmic potential and yearns to more fully embody the intimacy and surrender a loving sexual relationship can bring to a woman's wholly healthy life." -**Lissa Rankin, MD, OB/GYN, author of *What's Up Down There* and founder of *OwningPink.com*** --This text refers to an out of print or unavailable edition of this title.

About the Author Nicole Daedone is the founder of the OneTaste retreat centers located in San Francisco and New York. She helped develop the OneTaste curriculum and train faculty based on her innovative approaches to relationships, healing and mindful sexuality. Mentored by Dr. Dean Barnlund, an early collaborator of Alan Watts, she writes, teaches and lectures on the relationship between language and spirituality, body and mind. Her undergraduate and graduate work was in gender studies and semantics.

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