

[PDF] Talking With My Mouth Full: My Life As A Professional Eater

Gail Simmons - pdf download free book



Books Details:

Title: Talking with My Mouth Full: M

Author: Gail Simmons

Released: 2012-02-21

Language:

Pages: 288

ISBN: 1401324509

ISBN13: 978-1401324506

ASIN: 1401324509

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Description:

From Chef, author, and television Food Network personality Simmons recounts her life. Toronto-born before becoming a dedicated New Yorker, she had a unique upbringing in a family that valued the pleasures of good food. One of the aspects of her youth that sets Simmons apart is her deep attraction to South African food, developed on family visits to relatives there. She fell in love with dried meat strips (beef, chicken, antelope, and ostrich), which she recalls with great sensory detail.

She also spent time in Spain and on an Israeli kibbutz. Returning to North America, Simmons enrolled in culinary school and labored in Le Cirque's illustrious kitchens. Equal to her passion for cooking, her love for writing led to a career in food journalism, and she became an editor at a food magazine. In an emotionally affecting sketch, she reflects on the devastation wrought by her beloved elder brother's mental illness. --Mark Knoblauch

Review "Reading Gail's Simmons's memoir was like having a cappuccino and biscotti with one of my close girlfriends. What a treat!" (**Giada de Laurentiis, author of Giada at Home**)

"In Talking with My Mouth Full, Gail Simmons takes us through her culinary voyage from her gentle upbringing in a food-obsessed family in Toronto to her present culinary star status. In a clear, firm, and concise style, she leads us through her journey from an apprentice and trainee at culinary school to Le Cirque to Vogue and Food & Wine magazine and, ultimately, to her leading role on food television. Her remembrances are a tasty, delightful treat to savor." (**Jacques Pepin, author of Essential Pepin**)

"Gail's book impressively mixes memoir with recent culinary history, and has great recipes, too. Above all, she makes it abundantly clear that passion for food - and hard work - always wins out." (**David Chang, Chef/Owner of Momofuku**)

"Gail Simmons is fearless, passionate and driven, yet she is humble, generous and stays true to the good values that she embraces. This book is inspiring for anyone who dreams about living their passion and finding fulfillment in their work. Talking with My Mouth Full is a joyful account of Gail's journey from her start as a line cook to her work at Food & Wine magazine and of course her role on Top Chef." (**Eric Ripert, Executive Chef/Co-Owner, Le Bernardin**)

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