

# [PDF] Truth Heals: What You Hide Can Hurt You

Deborah King - pdf download free book

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**Books Details:**

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Author: Deborah King

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## Description:

**Review** Deborah King's Truth Heals is about the courageous act of facing the truth about one's life and the liberation that can come from this. An inspiring work for all those interested in healing themselves and others. -- *Michael Murphy, Cofounder and Chairman of the Board of Esalen Institute*

I wanted to tell you I read Truth Heals this morning (all in one sitting, i could not put it down!) It is powerful, to the point, and with your personal story woven into the book it is a moving journey with a very emotional and authentic message. -- *Penny Guyon, Firefly Media*

**From the Author** They say a book is a labor of love. For me this has certainly been true. I wrote my new book Truth Heals: Dismantling The Lies That Make Us Sick because I wanted to reach as many

people as possible with the message that I teach in my free healing events, workshops and private practice: that the truth can set you free. It was my love for people I have never met but whom I know I can help that pushed me to bring this book to print.

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