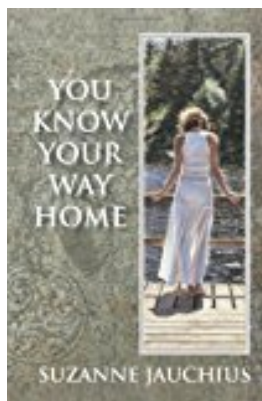


[PDF] You Know Your Way Home

Suzanne Jauchius - pdf download free book



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Description:

Review The Power of Accepting Yourself

Renee Struthers-Hogge

Books East Oregonian What began as a journal for her children turned into a story of triumph over abuse, addiction and self-doubt for Suzanne Jauchius in this autobiographical book. Jauchius is what she terms a natural psychic (meaning she was born with psychic gifts) and the early parts of her life are full of doubt and self-loathing, the often vicious abuse by her mother, who tells her, It s not

normal, and a father who is, at best, apologetic. As an adult she endures several marriages that inevitably fail when her husbands can't accept her as she is. While attending AA meetings as part of marriage counseling (her husband is an alcoholic), she is pointed in the direction of a woman who changes her life. Jauchius learns that addiction is not only for alcoholics and drug users. It takes many forms, but quite often those who suffer with addiction tend to get stuck at the time they first become addicted; those who medicate their problems away do not learn to face tough issues and grow emotionally. And people who become addicts as young people often are not equipped to navigate the deep waters of adult relationships in a healthy way. Jauchius' book is not so much about her psychic abilities as it is her journey to find herself and to accept herself for who she is. When she finally acknowledges her abilities and puts them to use, instead of feeling shameful about them, a whole new world is opened up to her. While this book contains a lot of New Age ideas that some readers may not be comfortable with, the central messages of working through addiction and being comfortable in your own skin make the book a worthwhile read. Renee Struthers-Hogge is the editorial assistant for the East Oregonian. --eastoregonian.com/community/entertainment_news/the-power-of-accepting-yourself/article_6b7f1292-bb46-11e0-ac84-001cc4c03286.html

She has an undeniable presence writes Kelly Jo Horton ;The Portlander; at theportlander.com/psychic-suzanne-shows-the-way-home/ Suzanne Jauchius was just eight years old when her mother told her she would no longer be allowed to attend birthday parties if she continued to bring home all of the prizes from the guessing games, because this was not normal. Suzanne didn't know it at the time, but she would later grow up to make a living using the very skill she was once chastised for seeing things that no one else could see. Now an enthusiastic 60, at an age when most people are slowing down or retiring, Jauchius has just launched a publishing company and released her memoir, *You Know Your Way Home*. This is a book that makes you think on every page and forces you to examine your own life. It chronicles her life and career as a professional psychic, where she uses her psychometric abilities holding a personal object such as a watch or ring to see pictures of what's happening in someone's life. Her clients are business professionals, law enforcement officials, search and rescue teams and the curious worldwide. The book opens with a missing persons account: My God! Follow that car! I shouted, pointing emphatically beyond the gravel parking lot to the road ahead. My friend Debbi shook her head. Uh, excuse me. You're the only one who can see it, she said with a bemused smile as she turned the car onto the deserted road. It was October, 1989. I'd been asked by Debbi, who worked with a local search and rescue team, to assist with the search for a little boy who had been abducted. The missing person was 4-year old Lee Iseli, the last victim of serial killer Westley Allan Dodd. This and other stories from her career are featured in the book, yet at its core the memoir focuses on Jauchius' journey to find herself as she bounced from one bad relationship to the next and struggled to break destructive patterns she had accepted as the norm. This is why so many people identify with her story. In a way I feel like I'm speaking the secret for a whole generation, says Jauchius. It feels mostly like empowerment. People read the book men and women and their reaction is an ah-ha moment of Oh my God I need to start setting boundaries. Oh my God I think I'm co-dependent. Oh my God I didn't know that was unacceptable. Over and over people come to Suzanne after reading the book and say, This is my story. How did you get into my head like that? Why write a book at this point in her life? You accumulate yourself through the years and you get to a certain age where you're like, you know I've made it this far, this feels good, and I'm doing what I love and now what? And when I asked that question I kept hearing, tell your story, if for no one else for your grandchildren. What started as a journal for her grandchildren became a book. The road to telling her story wasn't easy. Unable to find a taker for her manuscript, Jauchius decided to start her own publishing company. Taking this step at 60 was terrifying, but it was an investment she made in herself, and she has never looked back. This is my life purpose, and once I started the process I never questioned it. The company is aptly named Bree Noa, which means second wind in Gaelic. The investment paid off. In the months since the official book launch, *You Know Your Way Home* has been doing very well. New

Renaissance (bookstore) says it's the fastest selling book they've had in two years, says Jauchius, with the excitement of a child. Her consultation business is booming as well. Hour-long sessions with Suzanne are scheduled out months in advance. She has a monthly stint with Daria, Mitch and Ted on 105.1 The Buzz that has rocketed her to psychic super-stardom in Portland -- theportlander.com/psychic-suzanne-shows-the-way-home/

About the Author Suzanne is a professional psychic, author, radio personality and speaker. In her work, she helps clients find perspective and insight in their lives, relationships and careers. Suzanne speaks to a myriad of professional organizations, book clubs and conferences about the value of integrity in self and how to employ one's own intuition. Suzanne's award winning memoir chronicles the human experience so effectively that readers from all walks of life find themselves in the pages. Suzanne's life has been a kaleidoscope of astonishing experiences that have conspired to bring her finally to a life of seamlessness and fulfillment. She is featured monthly on Portland's popular 105.1fm The Buzz.

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