

[PDF] What No One Tells The Bride: Surviving The Wedding, Sex After The Honeymoon, Second Thoughts, Wedding Cake Freezer Burn, Becoming Your Mother, Screaming About Money, Screaming About In-Laws, Etc.

Marg Stark - pdf download free book



Books Details:

Title: What No One Tells the Bride:

Author: Marg Stark

Released: 1998-05-27

Language:

Pages: 320

ISBN: 078688262X

ISBN13: 978-0786882625

ASIN: 078688262X

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Description:

From Library Journal Stark (Timeless Healing, LJ 5/15/96) has written a readable self-help guide for brides-to-be and newlyweds who are trying to adjust to this often anxiety-ridden passage in life and to solve the consequent identity crisis. Chapters touch on wedding postpartum, handling money squabbles, falling prey to stereotypes, timing pregnancies, and communication and criticism in a marriage. The text is interspersed with comments from the 50 (mostly white, middle-class) women whom Stark surveyed and interviewed. The result is a "feel good" book whose aim is to reassure newlyweds that their fears and anxieties are normal. Much of it reads like a woman's magazine article, offering somewhat simplistic advice: "breathe deeply, and believe that your venture into love will succeed." But Stark does have a clear, readable style and a reassuring sincerity in drawing from her own life as well as others. A bibliography of about 14 books (mostly other self-help books) follows the text. Recommended for public libraries. Ann Babits Grice, East Brunswick P.L., NJ
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